

In addition to all of the free items you can order from the North Carolina Healthy Start Foundation, the Campaign also offers additional materials. These materials are only available through the North Carolina Folic Acid Campaign.

Postpartum brochures

English version: Congratulations, Mom. You have a beautiful baby.

This brochure is designed specifically for women who have just had a baby. As they finish their prescription for prenatal vitamins, this brochure encourages them to continue their good habit by replacing their prenatal with an over-the-counter multivitamin containing folic acid.

Spanish version: Felicidades: Un bebé sano es producto de una vida sana. (Congratulations! Having a healthy baby results from having a healthy life.)

This brochure is a culturally-appropriate version of our English brochure, as it encourages women to continue their good habit by replacing their prenatal with an over-the-counter multivitamin containing folic acid. It is not a direct translation of the English version. It contains more specific messages about diet and postpartum depression. Brochure will be available December 1; order yours now and we will ship it when it is ready.

Women's Wellness Rx Pads

These pads are intended for you to use when reviewing essential women's health messages with your patients. You can fill in the blanks, go over the checklist, jot down additional notes, and remind your patients to take a multivitamin with 400 mcg of folic acid every day. For convenience, we've included the same messages in English and Spanish.

Educational VHS Tapes

All of our educational videos have been transferred to one convenient DVD, offered on the NC Healthy Start Foundation order form. If you do not have access to a DVD player, the VHS tapes are available in limited quantities.

Item	Info	Quantity
English postpartum brochure	100 copies per pack	
Spanish postpartum brochure	100 copies per pack	
Women's Wellness Rx Pads (Bilingual)	50 sheets per pad	
Folic acid for a healthier tomorrow VHS	English; 9:00 minutes	
Tres hermanas VHS	Spanish; 7:35 minutes	
¿Tomaste tu vitamina hoy? VHS	Spanish; 13:46 minutes	

Name _____

Organization _____

Mailing Address _____

City _____ State _____ Zip _____

E-mail address _____ Phone _____

Send completed form to:

Megan Fazekas
 North Carolina Folic Acid Campaign
 C/O March of Dimes
 4112 Pleasant Valley Rd, Suite 208
 Raleigh, NC 27612

Or send a fax or e-mail to:

919-781-2317 or mfazekas@marchofdimes.com



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