

In addition to all of the free items you can order from the North Carolina Healthy Start Foundation, the Campaign also offers additional materials. These materials are only available through the North Carolina Folic Acid Campaign.

### Women's Wellness Rx Pads

These pads are intended for you to use when reviewing essential women's health messages with your patients. You can fill in the blanks, go over the checklist, jot down additional notes, and remind your patients to take a multivitamin with 400 mcg of folic acid every day. For convenience, we've included the same messages in English and Spanish.

### Educational VHS Tapes

All of our educational videos have been transferred to one convenient DVD, offered on the NC Healthy Start Foundation order form. If you do not have access to a DVD player, the VHS tapes are available in limited quantities.

Item	Info	Quantity
Women's Wellness Rx Pads (Bilingual)	50 sheets per pad	
Folic acid for a healthier tomorrow VHS	English; 9:00 minutes	Out of stock
Tres hermanas VHS	Spanish; 7:35 minutes	
¿Tomaste tu vitamina hoy? VHS	Spanish; 13:46 minutes	

Name \_\_\_\_\_

Organization \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_ Phone \_\_\_\_\_

Send completed form to: Megan Fazekas  
 North Carolina Folic Acid Campaign  
 c/o March of Dimes  
 6504 Falls of Neuse Road, Suite 100  
 Raleigh, NC 27615

Or send a fax or e-mail to: 919-781-2317 or mfazekas@marchofdimes.com